

**KARDO**РОССИЯ –  
СТРАНА  
ВОЗМОЖНОСТЕЙ**born to move**

+++

стань частью мировой  
уличной культуры и спортаFREEDOM  
IN MOTION

# KARDO 9

## FREERUNNING

### ONLINE STAGE

FLOW  
CREATE  
INSPIRE**GLOBAL STAGE**Open to Freerunners  
worldwide**SUBMIT YOUR BEST**60–90 second video  
showcasing your skills  
and creativity**TOP FINALISTS**Advance to the  
Grand Final in Russia**ALL EXPENSES  
COVERED**Flights, accommodation,  
meals & more!**CASH PRIZE  
AWAITS**Win and claim your  
glory on the world stage**ONLINE CATEGORIES****FREERUNNING PRO**TOP 5 SELECTED  
ONLINE FINALISTS\***FREERUNNING ADVANCED**TOP 3 SELECTED  
ONLINE FINALISTS\*

Will Advance to Grand Final (World Final)

**ELIGIBILITY**

- Open to male and female participants, 14 years of age and older for Parkour Advanced, and 16 years of age and older for Parkour Pro.
- TOP 5 Pro Online Finalists and Top 3 Advance must hold a valid passport with an expiration date no earlier than February 28, 2027.
- All participants must complete online registration on the official KARDO website: <https://rsv.ru>

**VENUE**Online Stage Registration  
on <https://rsv.ru>Grand Final,  
Vladivostok, Russia**TIMELINE**

- ONLINE SUBMISSION  
June 9th, 2026 – July 15th, 2026
- JUDGING PROCESS  
July 16th, 2026 – August 5th, 2026\*
- TOP 5 PRO ONLINE FINALIST  
ANNOUNCEMENT  
August 6th, 2026\*
- TOP 3 ADVANCED ONLINE FINALIST  
ANNOUNCEMENT  
August 6th, 2026\*
- REGISTRATION FOR THE GRAND  
FINAL EVENTS  
Aug 6th, 2026 – Aug 8th, 2026\*
- DELEGATION ARRIVAL IN VLADIVOSTOK  
September 16th, 2026
- GRAND FINAL  
(OPENING, COMPETITION, CLOSING)  
Sept. 17th, 2026 – Sept. 19th, 2026
- DELEGATION DEPARTING  
FROM VLADIVOSTOK  
September 20th, 2026

**NOTE :**

\* The Organizer reserves the right to amend the provisions of this guideline in accordance with the official KARDO Regulations. Any changes will be announced through the official website.

**TOP SELECTED ONLINE FINALISTS PRIZE**

Each category receives :

- Official invitation to compete at the KARDO Grand Final in Vladivostok, Russia
- Direct qualification to the Grand Final (World Final).
- Status as Official KARDO Freerunning Grand Finalist (International Participant)
- Visa support, including official invitation letters, provided in accordance with internal procedures and applicable regulations
- Round-Trip flight tickets and internal transfers (arrival to and departure from Russia) during the period, provided in accordance with the official KARDO Regulations (flight type, route, and class are determined by the KARDO Organizing Committee)
- Accommodation and meals provided for the entire Grand Final period
- Official recognition, including a KARDO Grand Finalist Certificate, international exposure, and media coverage through official KARDO channels
- Full access to all official programs, including competitions, Opening & Closing Ceremonies, and cultural, recreational, and networking activities
- Priority consideration for future KARDO programs and projects (subject to Organizing Committee decision)

**IMPORTANT NOTICE:**

All benefits are provided only to participants who successfully qualify as Top Online Finalists, complete official Grand Final registration, and confirm attendance within the established deadlines. Participants are responsible for timely visa submission and compliance with immigration requirements.

**GRAND FINAL PRIZE\*****FREERUNNING – PROFESSIONAL (PRO)\***

|           |             |                  |
|-----------|-------------|------------------|
| 1st Place | 150,000 RUB | (≈ 1.946,69 USD) |
| 2nd Place | 100,000 RUB | (≈ 1.297,79 USD) |
| 3rd Place | 80,000 RUB  | (≈ 1.038,23 USD) |

**FREERUNNING – ADVANCED\***

|           |            |                |
|-----------|------------|----------------|
| 1st Place | 40,000 RUB | (≈ 519,12 USD) |
| 2nd Place | 30,000 RUB | (≈ 389,34 USD) |
| 3rd Place | 20,000 RUB | (≈ 259,56 USD) |

**SPECIAL NOMINATIONS\***

- Best Trick – 30,000 RUB (≈ 389,34 USD).

**HOW TO ENTER**

1

**REGISTRATION**The participant must register personal account on <https://rsv.ru> and complete the application process in their personal account on the official KARDO website <http://kardoaward.com>, selecting Freerunning as the competition direction and the appropriate category.

2

**VIDEO POSTING**

The video must be posted on the participant's personal social media account with the official hashtags:

#freerunning #KARDO #KARDO9

or cloud drive.

3

**VIDEO UPLOAD**

The participant must upload the video to their personal account on the KARDO website in the form of:

- One Playable Video File (MP4, MOV, AVI etc)
- A link to the video on social media or to cloud storage or any other free-access platform
- All links must remain active and publicly accessible until the end of the competition.

**RULES – ONLINE COMPETITION**

1

**INTRO & OUTRO REQUIREMENT**

- Participants must add the official intro and outro to their video.
- These materials can be downloaded from: <https://www.worldkardoasia.com> Assets.

2

**VIDEO RECORDING**

The participant must record a new solo freerunning performance video:

- Duration: 60–90 seconds
- Filmed in 2026–2026 only
- Intro and outro are not included in the timing
- Single run or edited footage allowed
- Filming locations: indoor or outdoor
- No artificial/modified obstacles, mats, safety mats, or soft landing cones
- Previously used videos are not permitted

**ADDITIONAL BENEFITS**

- Official KARDO Certificate & Diploma
- Media exposure through KARDO official platforms
- Priority consideration for future KARDO programs and projects (subject to Organizing Committee decision)

Prize payments are subject to the participant's presence at the Award Ceremony.

BORN TO MOVE.  
DEFY LIMITS.Find out More : <https://worldkardoasia.com>  
or on your browser : [info.worldkardoasia.com](mailto:info.worldkardoasia.com)**KARDO**AWARD-COMPETITION  
STREET CULTURE & SPORTS

**KARDO 9**  
**Freerunning**  
**ONLINE STAGE**  
**Competition Guideline**

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**Description**

Freerunning is a creative movement discipline derived from parkour that emphasizes freedom of expression, flow, style, and originality. While parkour prioritizes efficiency and safety, freerunning expands movement vocabulary through acrobatics, spins, flips, and artistic interpretation of space.

Within the KARDO framework, freerunning is recognized as a competitive street sport that values creativity, technical control, safety, and seamless integration of movement within the environment.

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**Overview**

Participants must submit a freerunning performance video created specifically for the KARDO Award-Competition. The video must have a duration of 60–90 seconds (intro and outro not included).

The video may include a single continuous run or edited footage, provided that all footage is recorded during 2025–2026. Filming may take place indoors or outdoors. The use of artificial or modified obstacles that reduce risk is strictly prohibited.

Previously used video materials or footage submitted to other competitions, projects, or selections unrelated to KARDO are not permitted.

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**Period**

Online Submission, June 9th, 2026 – July 15th, 2026

Grand Final, September 16th, 2026 – September 20th, 2026

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**Timeline**

|  |                                       |
|--|---------------------------------------|
| 1. Online Submission                           | : June 9th, 2026 – July 15th, 2026    |
| 2. Judging Process                             | : July 16th, 2026 – August 5th, 2026* |
| 3. Top 5 Pro Online Finalist                   | : August 6th, 2026*                   |
| 4. Top 3 Advanced Online Finalist              | : August 6th, 2026*                   |
| 5. Registration for the Grand Final Events     | : Aug 6th, 2026 - Aug 8th, 2026*      |
| 6. Delegation Arrival in Vladivostok           | : September 16th, 2026                |
| 7. Grand Final (Opening, Competition, Closing) | : Sept. 17th, 2026 – Sept 19th, 2026  |
| 8. Delegation Departing from Vladivostok       | : September 20th, 2026                |

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**Eligibility**

- Open to male and female participants, 14 years of age and older for Parkour Advanced, and 16 years of age and older for Parkour Pro and.
- TOP 5 Pro Online Finalists and Top 3 Advance must hold a valid passport with an expiration date No earlier than February 28, 2027.
- All participants must complete online registration on the official KARDO website: <https://rsv.ru>

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**Venue**

Online Stage Registration on <https://rsv.ru>

Grand Final, Vladivostok, Russia

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**Online Categories**

- Freerunning Pro : Top 5 Selected Online Finalists\*
  - Freerunning Advanced : Top 3 Selected Online Finalists\*
- Will Advance to Grand Final (World Final)*

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## Top Selected Online Finalists Prize

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### Each category receives :

- Official invitation to compete at the KARDO Grand Final in Vladivostok, Russia
- Direct qualification to the Grand Final (World Final).
- Status as Official KARDO Freerunning Grand Finalist (International Participant)
- Visa support, including official invitation letters, provided in accordance with internal procedures and applicable regulations
- Round-Trip flight tickets and internal transfers (arrival to and departure from Russia) during the period, provided in accordance with the official KARDO Regulations (flight type, route, and class are determined by the KARDO Organizing Committee)
- Accommodation and meals provided for the entire Grand Final period
- Official recognition, including a KARDO Grand Finalist Certificate, international exposure, and media coverage through official KARDO channels
- Full access to all official programs, including competitions, Opening & Closing Ceremonies, and cultural, recreational, and networking activities
- Priority consideration for future KARDO programs and projects (subject to Organizing Committee decision)

### Important Notice:

*All benefits are provided only to participants who successfully qualify as Top Online Finalists, complete official Grand Final registration, and confirm attendance within the established deadlines. Participants are responsible for timely visa submission and compliance with immigration requirements.*

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## Grand Final Prize\*

### Freerunning – Professional (Pro) \*

- 1st Place: 150,000 RUB (□ 1.946,69 USD)
- 2nd Place: 100,000 RUB (□ 1.297,79 USD)
- 3rd Place: 80,000 RUB (□ 1.038,23 USD)

### Freerunning – Advanced\*

- 1st Place: 40,000 RUB (□ 519,12 USD)
- 2nd Place: 30,000 RUB (□ 389,34 USD)
- 3rd Place: 20,000 RUB (□ 259,56 USD)

### Special Nominations\*

- Best Trick – 30,000 RUB (□ 389,34 USD).

### Additional Benefits

- Official KARDO Certificate & Diploma
- Media exposure through KARDO official platforms
- Priority consideration for future KARDO programs and projects (subject to Organizing Committee decision)

*Prize payments are subject to the participant's presence at the Award Ceremony.*

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## How To Enter

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### 1. Registration

The participant must register personal account on <https://rsv.ru> and complete the application process in their personal account on the official KARDO website <http://kardoaward.com> , selecting Freerunning as the competition direction and the appropriate category.

### 2. Video Posting

The video must be posted on the participant's personal social media account with the official hashtags: #freerunning #KARDO #KARDO9 or cloud drive.

### 3. Video Upload

The participant must upload the video to their personal account on the KARDO website in the form of:

- One Playable Video File (MP4, MOV, AVI etc)
- A link to the video on social media or to cloud storage or any other free-access platform
- All links must remain active and publicly accessible until the end of the competition.

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## Rules Online Competition

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### 1. Intro & Outro Requirement

- Participants must add the official intro and outro to their video.
- These materials can be downloaded from: <https://worldkardoasia.com> Assets.

### 2. Video Recording

The participant must record a new solo freerunning performance video:

- Duration: 60–90 seconds
- Filmed in 2025–2026 only
- Intro and outro are not included in the timing
- Single run or edited footage allowed
- Filming locations: indoor or outdoor
- Video must clearly show the athlete's full body and landings must be visible for evaluation purposes.
- The video must be created exclusively for KARDO

### 3. Prohibited Conditions

The following will result in disqualification:

- Use of safety mats, foam pits, soft landing zones, gymnastic modules
- Use of spring-loaded surfaces, trampolines, acrobatic tracks, sand pits
- Use of old video materials (before 2025)
- Reuse of videos submitted to other competitions

### 4. Tatami sheets are permitted only as floor covering, not as impact-absorbing elements.

### 5. Scoring System & Penalties

- Judges score in 0.5-point increments.
- Final score is calculated as the average of all judges' scores.
- Scoring :
  - Difficulty (0–10 points)  
Assessment of the technical and physical difficulty of demonstrated elements, combinations, and diversity of technical directions.
  - Safety (0–5 points)  
Quality of landings, control, stability, accuracy, and absence of falls or dangerous mistakes.
  - Technicality (0–5 points)  
Cleanliness and precision of execution, confidence, and preservation of technique at speed or high intensity.
  - Variety (0–10 points)  
Diversity of movements, techniques, obstacles, creative solutions, and individual style.
  - Connectivity (0–10 points)  
Flow, rhythm, density of movement, smooth transitions, and logical structure without long pauses or breakdowns.
- Penalty points may be applied for:
  - Time Violations
  - Shorter by 1 second: –3 points
  - Shorter by 2 seconds: –5 points
  - Shorter by 3 seconds or more: Disqualification
  - Exceeding maximum duration: footage beyond the limit is not evaluated
- Tie-Break Priority :
  - Safety
  - Difficulty
  - Technicality

If still tied, the higher single-judge score prevails.

### 6. Disqualification

Participants will be disqualified for:

- Use of prohibited filming conditions
- Safety violations
- Submission of old or reused video materials
- Non-compliance with technical or timing requirements

7. Online Qualification Results

Based on expert evaluation, the list of participants advancing to the next stage (TOP lists) will be published on the official KARDO website.

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### Additional Rules

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1. Any Offline Qualification (if applicable)

- Freerunning offline qualifications are held in selected regions and countries.
- Participants may attend any available offline qualification event in any country or region and compete there.
- Winners of offline stages are determined based on live competition results.

2. Grand Final Participation

- Status as Official KARDO Freerunning Grand Finalist (International Participant)
- They receive full access to official, competitive, recreational, and cultural programs of the KARDO Grand Final, subject to completed registration.

3. Final Qualification at Grand Final

- During the Grand Final, an additional qualifying stage is held.
- Participants from both online and offline qualifications compete together under equal conditions.

4. Selected online winners aged fourteen (14) years and above but under eighteen (18) years are required to be accompanied by a companion in order to attend and participate in the Grand Final. KARDO shall only cover the companion's accommodation (hotel) and meals. All other expenses, including but not limited to airfare and visa costs, shall be fully borne by the participant.

5. The format, requirements, and deadlines of the creative assignment are determined and announced by the KARDO Organizing Committee.

Important Notes

- The Organizing Committee reserves the right to amend formats, criteria, and schedules in accordance with KARDO Regulations.
- This guideline is developed in accordance with the official KARDO Regulations for Season IX. In case of any discrepancies or interpretation conflicts, the official KARDO Regulations prevail.

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### Information

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Note :

***\* The Organizer reserves the right to amend the provisions of this guideline in accordance with the official KARDO Regulations. Any changes will be announced through the official website.***